Resources for those Suffering Abuse

<u>Hotlines</u>

Adult Abuse 888-832-3858

Child Abuse & Neglect Hotline 800-552-7096

Domestic Violance Empower <u>HOTLINE</u> 24 hours 540-373-9373

Haven Services 804-333-5370

Rapp Council Against Sexual Assault **540-371-1666 24 hour** Crisis Intervention, Counseling & Support

Virginia Abuse Hotline for Children <u>HOTLINES</u>: 888-832-3288 in VA--800-552-7096 Hearing-impaired 800-828-1120

Report abuse neglect or exploitation of Children through Department of Social Services

Virginia Adult Protective Services 540-372-1032 9am-5pm 888-832-3858 24 hours

To report abuse neglect or exploitation of Adults and Elderly through Department of Social Services

<u>Shelters</u>

Empower House Servivors & their Children 540-373-9373

Haven Shelter 804-333-5370

Hope House 540-371-0831 24 hours 902 Lafayette Blvd Fredericksburg Women and Children homeless shelter, day care, job placement, computer training & financial management

Paul Stefan House for Unwed Mothers PO Box 754 Locust Grove VA 22508

540-854-2300 or 1-800-908-6667 Pro-life Pregnancy crisis home

Mary's Shelter 540-623-5778 safe home pregnant woman ages 18 and their children

Micah Ministries (Cold Night Shelter) 540-479-4119 a safe place

Thurman Brisben Ctr 471 Central Rd Fredericksburg 540-899-9853 24 hours Daily 6:15pm-7pm Dinner every night. Open to everyone.