Agency Name	Phone #	Hours of Operation	Comments
2-1-1- Virginia	800-230-6977	Call 24/7	Information about financial assistance, health resources, housing assistance, child care, employment, education, abuse, etc.
Abundant Life Assembly of God	540-720-2437	1st & 3rd Wednesday 9:00am-1:00pm	Food Pantry
Barbara Carroll Community Outreach provided by Shiloh Baptist New Site 210 Wolfe St Fredericksburg VA	540-538-9365	Tues 10:00am- Noon Except 1st Tues of Month	USDA Food Pantry Patrons must bring photo ID
Barbara C. Terry Emergency Assistance Fund	540-373-3431	Call First for pre-screening	Financial Assistance Must be working or recently unemployed. First time financial hardship & no prior assistance.
Catholic Charities of Outreach provided by St. Matthews Spotsylvania, VA	540-834-5555 and select 1 and leave your name and phone number	Call for an appointment. No walkins.	Assistance for Rent & Utilities.
Central Virginia Housing Coalition 208 Hudgins Rd Fredericksburg, VA 22407	540-604-9943 ext 220 Ms Anderson for Appointment Leave name & phone #	Mortgage Assistance: Brian Phelps 540-604-9943 ext 214	Walk-ins 9am-3pm Mondays & Thursday Financial Assistance, Financial education & Counseling
Christ Episcopal Church 8951 Courthouse Rd Spotsylvania, VA 22553	540582-5033	2nd & 4th Tuesdays 10:00am-Noon Call ahead to see of openings	Food & some Financial Assistance
Christ Lutheran Church 1300 Augustine Ave Fredericksburg, VA 22401	540-373-5087	Wed 1:00pm-2:30pm Food Pantry Patrons can only come once a month	Community Dinner Wednesday 5:00pm-6:30pm

Agency Name	Phone #	Hours of Operation	Comments
Fairview Baptist Church 900 Charlotte St (Littlepage & Charlotte St) Fredericksburg VA 22401	540-840-3037	2nd & 4th Saturday 9:30am -11:00am	Food Pantry- Must bring Photo ID
Fairview Baptist Church Genesis Ministry 900 Charlotte St Fredericksburg VA 22401	Judi Parker at W F Parker 540-659-3338	Call Tuesday & Thursday Noon-5:00pm	Food Pantry & Financial Assistance <i>Must have</i> <i>Appointment and Photo ID</i>
Feed Fred	540-429-1187	Call for meal delivery/pickup	Provides Meals to those that can not cook for themselves or are hungry.
Fredericksburg United Methodist Church 308 Hanover St Fredericksburg, VA 22401	540-373-9021	Monday-Friday 1:00pm-3:00pm	Food Pantry
Freedom Worship Center 318 Jefferson Davis Hwy Rt 1 Near Falmouth Bridge	540-361-1880	Tuesday 9:00am-12noon	Food Pantry
Heritage Park 1003 Heritage Park Fredericksburg, VA 22401	540-371-9362	Call for Appointment	Food Pantry
Highway Assembly of God 2221 Jeff Davis Hwy Fredericksburg, VA 22401	540-371-4343	3rd Wednesday Only with Appointment	Food Pantry-Call First for Appointment
Hollywood Church of the Brethren 225 Ferry Rd Falmouth VA 22405	540-373-4064	Monday & Thursday 12:30pm-1:30pm Friday 6:00pm-7:00pm	Call First! Must have appointment. Food Pantry & Help for Motel Clients
LUCHA Ministries 400 Chatham Square Office Park Fredericksburg, VA 22404	540-370-4502	Call for Appointment	Variety of Services for the Latino Community
Micah Ecumenical Hospitably Center 1013 Princess Anne Fredericksburg VA 22401	540-479-4116	Help for the homeless	Simple Meals, Shower, Clothing, Use of Mailing Address & Local Calls.
New Life Community Church 1449 Courthouse Rd Stafford VA	540-659-5356	Monday-Friday 9:00am-5:30pm	Limited Assistance

Agency Name	Phone #	Hours of Operation	Comments
Ni River Community Church	540-899-2993	Monday-Friday	Call and leave Name & Phone #
Peace United Methodist 801 Maple Grove Dr Fredericksburg, VA 22407	540-786-8585	Thursday 9:30am-11:00am DO NOT Leave Message. Call until you talk to a person	Picture ID and Application Service Area limited to 25 mile radius of church. Assistance once every 90 days. Food & Financial assistance with cut off
People's Union Baptist 7357 Comorn Rd King George, VA	540-775-7978	3rd Saturday 9:00am-Noon Call First	Call for Assistance
Quin Rivers Agency for Community Actions 10718 Ballantraye Dr. Suite 402 Fredericksburg VA	540-479-4365 or 540-368-3117 for Mortgage Assistance 540-479-4363 Homeless Prevention	540-479-4366 or 540-479-4362 Veteran Families Services	Call for appointment
Rappahannock Area Agency on Aging 171 Warrenton Rd Fredericksburg, VA 22405	540-371-3375	Help for those 60 and older	Various Meal Centers & Home Delivered Meals
River of Life Worship Center 7408 Jeff Davis Hwy Spotsylvania VA 22551	540-582-5855	Please call for appointment.	Job applications & resumes, transportations to & from work, bus tickets, work clothes. Textbooks and
Salem Baptist Church 4044 Plank Rd Fredericksburg VA 22407	540-786-7320	Thursday 9:00am- 12:00pm	USDA Food Pantry Must have photo ID and Pantry serves once every 60 days.
Salvation Army 2021 Lafayette Blvd Fredericksburg, VA 22401	540-373-3431	Monday-Friday 12:30pm-1:30pm	Food Pantry & Food for Life Financial Assistance when available (Call for Appointment)

Resources

Agency Name	Phone #	Hours of Operation	Comments
Shiloh Baptist Old Site 801 Sophia St Fredericksburg VA 22401	540-373-8701	Wednesday 9:00am-Noon	Food Pantry
Spotswood Baptist Church 4009 Lafayette Blvd Fredericksburg, VA 22401	540-898-0757	2nd & 4th Tuesday 1000:am to 11:00am Nov & Dec only 1st Tuesday	Food Pantry
St Faustina of SVdP 10643 Courthouse Rd Fredericksburg VA 22407	Non-Food Hotline 540-834-5555	Wednesday 4:00pm-6:00pm Friday 9:00am-1:00am 2nd & 4th Saturday 9:00am- 11:00am	Food Pantry- NOT on 5th Friday For other Assistance: Financial Help or Baby needs Call Hotline
St George's Episcopal Church 905 Princess Anne Fredericksburg, VA 22401	540-373-4133	Tues 9:30am-11:00am	Food Pantry with Fresh Fruits & Vegetables Community Dinner Tues 5:00pm-6:30pm Photo Id Required
St Mary of the Immaculate Conception 1009 Stafford Ave Fredericksburg, VA	540-373-6491	Monday-Thursday 8:30am-noon	Food Pantry
St Vincent de Paul Interviewing at St Jude Catholic Church 10725 Courthouse Rd	540-898-8065	Interviews begin at 6:00pm Thursday Arrive early- Only 30 Families can be seen.	Food & Financial Assistance - Only through Interviews
Storehouse Ministries 2303 Airport Ave Fredericksburg, VA	540-654-5281	Tuesday & Thursday 12:30pm-2:00pm	Emergency Food
The Presbyterian Church 810 Princess Anne St Fredericksburg, VA 22401	540-373-7057	Monday, Wednesday & Friday 11:00am- 1:00pm 304 George St	Food Pantry & Limited Financial Assistance Must have Photo ID
Trinity Episcopal Church 825 College Ave/William St Fredericksburg, VA	540-373-2996	1st & 3rd Tuesday 5:30pm-6:30pm	Food Pantry and Limited Financial Help (Will help with 2 bags of groceries per family once every 4 months.)

Page: 4 of 5

Agency Name	Phone #	Hours of Operation	Comments
VFW Post 3103 2701 Princess Anne St Fredericksburg, VA	540-373-3110	Only Veterans of American Armed Forces	Veterans can call for help.
VA Veteran & Family Support Lee Hill Building 1 10300 Spotsylvania Avenue, Suite 290 Fredericksburg, VA 22404	540-376-7298 540-273-4533 (Financial and Medical Assistance)	Call for appointment	Jobs, Health, Education, Real Estate Tax Exemption, ID Card & much more
Wilderness Baptist Church 9701 Plank Rd Spotsylvania VA 22553	540-972-7491	Call Janet for Appointment	Food Pantry, Rent & Utilities
Wilderness Community Church 10501 Plank Rd Spotsylvania VA 22553	540-972-8808	Call for Appointment	Food Pantry, Clothing & Financial Assistance
Zion United Methodist 8700 Courthouse Rd Spotsylvania VA	540-582-6532	Call Monday after 9:00	Food & Financial Assistance Call for Appointment <i>Must have Photo ID</i>
Zoan Baptist Church 5888 Plank Rd Fredericksburg VA	540-786-8317	Tuesday & Thursday 10:00am-1:00pm	Food Pantry & Financial Assistance when available Must complete Application